



# **Nutriwellness Terms and Conditions for Recipe Development and Meal Planning Services**

## **1. Service Overview**

Nutriwellness offers bespoke culinary services to support and enhance overall wellbeing through thoughtfully crafted recipes and meal plans tailored to individual dietary preferences and needs. Services include:

- **Single Recipe Development - £65 for 1 recipe**
- **Multi-Recipe Development - £150 for 3 recipes**
- **Meal Planning Service - £485 for 5 main meal recipes, 4 lunches, 3 breakfasts, and 3 snacks**

Each service includes comprehensive nutritional guidance, a methodology for preparation, and suggestions for ingredient sourcing. Nutritional values are provided as a guide, acknowledging that they may vary based on personal ingredients and cooking equipment.

## **2. Scope of Service**

Nutriwellness's services are tailored to individual needs, emphasizing health benefits and dietary preferences. These services are strictly for personal use and not for commercial distribution or resale to third parties or manufacturers.

**Please Note:** No physical samples are provided. The client is responsible for sourcing the ingredients and making the recipes based on the provided supplier guidance.

## **3. Consultation and Customisation**

Prior to beginning any service, Nutriwellness will conduct an initial consultation to understand the client's specific dietary preferences, health goals, and any allergies or restrictions. This ensures each recipe or meal plan is uniquely crafted for maximum benefit. This is usually in the form of a phonecall and lasts not longer than 30 minutes.

## **4. Quality Standards**

Nutriwellness is committed to maintaining high standards of nutritional integrity and quality:

- **Nutritional Accuracy:** Nutritional values are estimated and may vary based on client-supplied ingredients and cooking methods.

- **Recipe Testing:** Recipes are trialled by Nutriwellness before finalisation to ensure quality and accuracy.
- **Ingredient Sourcing:** Where applicable, Nutriwellness will provide guidance on ingredient suppliers, emphasizing quality and nutritional value.

## **5. Confidentiality**

Nutriwellness respects the privacy of client information and any specific health or dietary needs shared. All information disclosed will be treated as confidential and used solely for the purpose of creating and providing the requested services.

## **6. Payment Terms**

- **Single and Multi-Recipe Development:** Full payment is required upfront to secure the service.
- **Meal Planning Service:** A 50% deposit is required upon agreement of the service, with the balance due upon delivery of the final meal plan.
- **Payments can be made via bank transfer, credit card, or other mutually agreed upon methods.**

Failure to complete payment by the agreed date may delay the delivery of services.

## **7. Revisions and Adjustments**

Nutriwellness allows one round of minor adjustments to recipes or meal plans to accommodate any feedback. Significant changes or additional revisions may incur extra charges, discussed with the client before proceeding.

## **8. Limitations and Liability**

- **Nutriwellness is not liable for any adverse reactions, allergies, or health issues that arise from following the provided recipes or meal plans.**
- **Nutriwellness is not responsible for the legality, accuracy, or nutritional compliance of the recipes if used for commercial or resale purposes.**
- **Nutriwellness will make every effort to ensure guidance on ingredient sourcing is accurate but cannot guarantee availability or specific product standards at third-party suppliers.**

## **9. Intellectual Property and Use**

- **All recipes, meal plans, and content provided by Nutriwellness are for the client's personal, non-commercial use only.**
- **Recipes and meal plans are copyrighted and cannot be distributed, resold, or reproduced for commercial use without Nutriwellness's explicit permission.**

## **10. Termination and Refunds**

Nutriwellness reserves the right to terminate services if the client breaches any part of these terms and conditions. Refunds are only offered if services are cancelled before the initial consultation. No refunds will be issued once recipe development or meal planning has commenced.

## **11. Dispute Resolution**

Any disputes arising from Nutriwellness services shall first be addressed through informal resolution methods between Nutriwellness and the client. Should an agreement not be reached, disputes may be escalated as per the jurisdiction and laws of the United Kingdom.

## **12. Force Majeure**

Nutriwellness shall not be liable for delays or interruptions to service due to circumstances beyond its control, including natural disasters, governmental actions, or other unforeseen events.